

Anonymous

Yorba Linda High School

Junior

The Silent Patient

Alex Michealides

4/6

The Silent Patient is a psychological thriller by Alex Michaelides. It starts with a girl named Alicia Berenson, who is a famous painter. She shoots and kills her husband and never speaks a word again. It revolves around a therapist obsessed with discovering why she did it and why she won't say another word. This book is suspenseful and undoubtedly shocking.

I found the book to be a page turner. This book had a captivating psychological narrative. I enjoyed this book because it provides deep insights into the characters' minds. There is an unexpected twist to the book that I found brilliant. It was unexpected and well-executed. I was invested the most in the physiotherapist, Theo Faber, who was consumed with finding the truth. Alicia's silence made her character mysterious and added a sense of uncertainty regarding her story. We learn about Theo's work life and home life which helps add to the story. Each character seemed to have their own secrets. The book is even more gripping with every clue he uncovers. Each chapter unveils a new clue and makes the story more gripping. The suspense builds up until the very end.

I would recommend this book to all readers who love a psychological thrill. For people who love to uncover the answer to mysteries. This read reminds me of another book by Alex Michealides, The Fury. They share the same murder mystery idea and the story revolves around the narrator. If you're a fan of mysteries and psychological thrillers then you would enjoy this read.