

**Reviewer Username:** Anonymous

**School:** El Dorado High

**Grade:** Sophomore

**Book Title:** *Everything I Know About Love*

**Book Author:** Dolly Alderton

**Rate 1-5 (1-lowest to 5-highest):** 4

*Everything I Know About Love* by Dolly Alderton is a candid and insightful memoir which explores love, friendship, and personal growth. Alderton reflects on the ups and downs of her twenties, from navigating complicated romantic relationships to the strength and value of female friendships. She invites readers into her personal life and on a journey of self-discovery with a mix of love and vulnerability. I believe this narrative will speak to anybody who has ever battled to strike a balance between independence and the desire for genuine connection.

Although *Everything I Know About Love* is not without its flaws, it still offers a refreshing and honest look at life's messier moments. Alderton's witty, sharp writing makes it easy to connect with her experiences. I appreciated her openness about her mistakes, especially when it comes to love. However, I felt some parts of the book felt repetitive, and I found myself losing focus during long, detailed descriptions of specific events or relationships without new insight. Still, I believe it was definitely worth my time. Her message that every experience, no matter how messy resonated with me deeply especially in terms of how we value our relationships.

*Everything I Know About Love* is a fun and reflective read, with Alderton's humor adding a light touch to some of life's tougher moments. While the book primarily focuses on love, the lessons Alderton shares about life and the importance of close relationships are just as impactful. If you enjoyed stories that dive into the complexities of growing up and understanding love, you might also enjoy *One Day* by David Nicholls or *The Perks of Being a Wallflower* by Stephen Chbosky. Though the book didn't completely hold my attention from start to finish, it remains a thoughtful and worthwhile read that many others will connect with.

